

# Jacob G.

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Hobbies and Achievements

- Associates of Science from Diablo Valley College with Emphasis in PT, 2013
- Assistant Distance Track Coach for Antioch High School, 2006
- Collegiate Track and Cross Country Athlete - DVC, 2012 -13
- Triathlete, 2009 - Present



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)