

# Johnny D.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

## Hobbies and Achievements

- Sacramento Smokeys Semi Pro Baseball
- Sacramento PorkStore Semi Pro Baseball
- 2 Years Junior College Baseball
- 4 Years High School Baseball and Soccer
- Boxing



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 885