

Johnny D.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

Hobbies and Achievements

- Sacramento Smokeys Semi Pro Baseball
- Sacramento PorkStore Semi Pro Baseball
- 2 Years Junior College Baseball
- 4 Years High School Baseball and Soccer
- Boxing



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