

# Kurt B.



**Certified Personal Trainer**  
**Team Member Since: 2011**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- MS in Kinesiology from CSU, East Bay
- BS in Kinesiology from CSU, Long Beach
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®
- TRX Suspension Training – Certified TRX Instructor
- USA Weightlifting Certification

## Hobbies and Achievements

- Assistant Coach Mens Basketball at Dominican University of California
- Former College Instructor in Physical Education and Human Performance
- Former Solano Fire Academy PT Instructor
- Titleist Performance Institute Certified



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Club ID: 885