

Kurt B.

Education & Certifications

- MS in Kinesiology from CSU, East Bay
- BS in Kinesiology from CSU, Long Beach
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®
- TRX Suspension Training – Certified TRX Instructor
- USA Weightlifting Certification



**Certified Personal
Trainer**
Team Member Since:
2011

Hobbies and Achievements

- Assistant Coach Mens Basketball at Dominican University of California
- Former College Instructor in Physical Education and Human Performance
- Former Solano Fire Academy PT Instructor



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