

Pati S.

Education & Certifications

- BS in Health Science and Nutrition from University of California, Fresno
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Federation of Professional Trainers - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor



Certified Personal Trainer
Team Member Since: 2013

Hobbies and Achievements

- Hiking
- Biking
- Strength Training
- Spending Time With Family



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 885

