

# Scott M.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Kinesiology - Exercise Science from Humboldt State University
- AED (Automated External Defibrillator)
- CPR Certification
- USA Weightlifting Certification

## Hobbies and Achievements

- Playing and Coaching Soccer
- Cooking
- HSU Mens Soccer '07-'11
- Pursuing a Masters Degree at Sacramento State for Strength and Conditioning
- Seeing Movies



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 885