

Anthony B.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology from Washington State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Sports specific training
- Track and field State Competitor 2004 – 2007, Team Captain 2007
- Varsity football State Competitor 2004 – 2007
- Graphic novels
- Street art



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining