

# Anthony B.



**Certified Personal Trainer**  
**Group X Instructor**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Kinesiology from Washington State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Sports specific training
- Track and field State Competitor 2004 – 2007, Team Captain 2007
- Varsity football State Competitor 2004 – 2007
- Graphic novels
- Street art



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