

George M.



Certified Personal Trainer
Master Trainer
Fitness Manager
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Kinesiology, Rehab Sciences from University of Hawaii at Manoa
- MS in Kinesiology, Rehab Sciences from University of Hawaii at Manoa
- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

Hobbies and Achievements

- Cheerleading
- Tumbling
- Video Games
- Spending time with my family



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