

Janelle R.



**Certified Personal Trainer
Team Member Since: 2010**

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Personal Training Institute of Colorado - Personal Training Certification

Hobbies and Achievements

- Dance
- Cheer
- Eating Clean
- Lifting
- Hanging out with my friends and family



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 886