

JJZack S.



**Certified Personal Trainer
Team Member Since: 2000**

Education & Certifications

- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- AFFA - Certified Personal Trainer - 2000
- CMTC - Certified Massage Therapist - 2010
- Playing Baseball and Softball
- Going to the Beach and Playing Volleyball
- Playing Football with Friends



For more info about this trainer,
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24hourfitness.com/personaltraining