

# Kaytee T.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2002**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

- BA in Social Sciences from University of Washington
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Raising Twin Girls
- Spending Time with Family
- Bike Riding / Anything Active
- Smiling



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