

Michelle M.



**Certified Personal Trainer
Group X Instructor
Team Member Since: 2010**

Education & Certifications

- Lake Washington Tech College - Certified Personal Trainer
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Running
- Water sports



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 886

