

Joseph V.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Political Science from De Anza
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Body Building
- Football
- Basketball
- Human Physiology



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