

Joshua S.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- BS in kinesiology from Sacramento State
- AED (Automated External Defibrillator)
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Wrestling
- Olympic Weight Lifting
- Mountain Biking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 887