

Mariellen G.



Certified Personal Trainer
Team Member Since: 2009

Education & Certifications

- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Cycling
- Hiking
- Skiing



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining