

Becca B.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology Pre-Physical Therapy from San Diego State University
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Beach volleyball
- Hiking
- 2010 & 2011 Rock and Roll Marathon Participant



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 888