

# Justin S.



**Certified Personal Trainer**  
**Master Trainer**  
**Parisi Performance Coach**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Kinesiology from San Diego State University
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

## Hobbies and Achievements

- Playing baseball
- Playing soccer



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