

Mike T.



Certified Personal Trainer
Master Trainer
Parisi Performance Coach
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology with an emphasis in Exercise Physiology from San Francisco State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Kinesiology Student Association President 2011
- Ice Hockey Captain of State Champion Team 2003
- Junior Olympics Soccer Club Team 2000



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 888

