

Nate C.



Certified Personal Trainer
Master Trainer
Parisi Performance Coach
Team Member Since: 2012

Education & Certifications

- BS in Exercise Physiology, Minor in Nutrition from University of Massachusetts - Lowell
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

Hobbies and Achievements

- Basketball
- Hiking
- Snowboarding



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 888

