

# Nate C.



**Certified Personal Trainer**  
**Master Trainer**  
**Parisi Performance Coach**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Exercise Physiology, Minor in Nutrition from University of Massachusetts - Lowell
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

## Hobbies and Achievements

- Basketball
- Hiking
- Snowboarding



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