

# Ezra C.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Kinesiology - Exercise Science from California State Long Beach
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Swim
- Bicycle - Longest ride was 63 miles in 2010
- Tennis (Varsity throughout high school)
- Basket ball



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 890