

Leona P.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Psychology from San Francisco State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- High School Varsity Cross Country and Track athlete
- Running, kickboxing, working out, watching sports, going to game
- Participating in color runs, mud runs, etc.



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