

# Jason G.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- AD in Fitness Specialist from Orange Coast College
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Coaching track and field at OCC and Vanguard University
- 2yrs. Team captain for Track and field at OCC
- 4yrs football at Sultana High School



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 891