

Andre C.



**Certified Personal Trainer
Team Member Since: 2008**

Education & Certifications

- BS in Business Marketing from San Diego State University
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Plyometric training
- Played college basketball for 3 years
- Experience training professional athletes



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 892

