

Andrew M.



**Certified Personal Trainer
Fitness Manager
Team Member Since: 2010**

Education & Certifications

- BA in English Literature from Queens College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- 2009 NAS-NYC Strongman Champion
- Division I Athlete-Baseball-Pitcher
- Martial Arts Background (Muay Thai, Submission Wrestling)
- Surfing



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