

# Clarissa L.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Amateur Boxing Experience
- Marathon Runner
- Dance
- Pilates
- Participated in Track and Field, Volleyball, Basketball, Cheerleading



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 892

