

Clarissa L.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Amateur Boxing Experience
- Marathon Runner
- Dance
- Pilates
- Participated in Track and Field, Volleyball, Basketball, Cheerleading



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining