## Clarissa L.



**Certified Personal Trainer Team Member Since: 2012** 

## **Education & Certifications**

- American College of Sports Medicine Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- TRX Suspension Training Certified TRX Instructor

## **Hobbies and Achievements**

- Amateur Boxing Experience
- Marathon Runner
- Dance
- Pilates
- Participated in Track and Field, Volleyball, Basketball, Cheerleading



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