

Genny C.



**Certified Personal Trainer
Team Member Since: 2011
Sessions Serviced: 2,000 +**

Education & Certifications

- BS in Sociology from North Eastern University
- AED (Automated External Defibrillator)
- American Council on Exercise - Advanced Health and Fitness Specialist
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Played Women's Division I Basketball- Northeastern University
- Competed in several Sprint and Olympic distance Triathlons
- Aquatic Aerobic Instructor
- Certified Swim Instructor- YMCA Swim Lesson Instructor
- Aquatic Physical Therapy & Total Immersion Swimming



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24hourfitness.com/personaltraining

Club ID: 892