

# Josh W.



**Certified Personal Trainer**  
Team Member Since: 2012

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- MMA
- Boxing
- Football
- Basketball



For more info about this trainer,  
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