

# Bryan A.

## Education & Certifications

- BS in Exercise and Health Sciences from University of Massachusetts, Boston
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor



**Certified Personal Trainer**  
Team Member Since: 2013

## Hobbies and Achievements

- Ice hockey
- Running/track and field
- Golf
- Hanging out with friends and family



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