Chris P.



Certified Personal Trainer Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Federation of Professional Trainers Personal Trainer
- TRX Suspension Training Certified TRX Instructor

Hobbies and Achievements

- Won the Game Show Wipeout, 2011
- 10+ professional golf victories
- Orange Empire Conference College Athlete of the Year, 2011
- Surfing
- Snowboarding
- Rock climbing
- Hiking
- Long distance running/swimming



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

