

Chris P.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Federation of Professional Trainers - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Won the Game Show Wipeout, 2011
- 10+ professional golf victories
- Orange Empire Conference College Athlete of the Year, 2011
- Surfing
- Snowboarding
- Rock climbing
- Hiking
- Long distance running/swimming



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24hourfitness.com/personaltraining

Club ID: 893