

Daryl D.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- BS in Kinesiology from California Polytechnic State University, Pomona
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Playing basketball
- Participating in mud runs and 5Ks
- Continue to be in top three in Megans Wings 5K
- Indoor rock climbing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 893