

Kirk H.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology from California Baptist University
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Hiking
- Biking
- Ocean Kayaking
- Traveling
- Sports (Detroit Lions)



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 893

