

Nicole M.



Master Trainer
Team Member Since: 2002
Sessions Serviced: 10,000 +

Education & Certifications

- BS in Kinesiology from California Baptist University
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Traveling Internationally
- Playing Basketball
- Expressing my artistic abilities



For more info about this trainer,
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24hourfitness.com/personaltraining

