

Stefanie R.



Team Member Since: 2011

Education & Certifications

- BA in Exercise Science from Ottawa University
- MS in Exercise Science from Fort Hays State University
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Sports (playing and watching)
- Music and concerts
- Reading books



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 893

