

Camilo S.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Personal Training Institute of Colorado - Personal Training Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- I take my body through fitness extremes as an NPC physique competitor.
- I love to cook and eat great food because it is fuel for the body.
- Spending time with my loved ones is one of my main priorities.
- I have a great appreciation for fast cars and big trucks.
- I like to go camping and spending time outdoors.



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 895