

David N.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- I was awarded a scholarship to Sacramento State for Soccer in 2009.
- I played 4 years Varsity Soccer and ran Track in high school.
- I enjoy playing the drums and painting when I am not at the gym.
- Youth sports is a passion of mine. I coach high school soccer and track.
- I love spending time with my family.



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 895

