

Arlene W.



Team Member Since: 2006

Education & Certifications

- AFAA Group X
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Spending time with family
- Disneyland
- Dancing
- Zumba
- The beach



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