

Trystan T.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Exercise Science from Cal State University, Northridge
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Dancing
- Being around my dog
- Extreme sports
- Going to the beach
- Exercising



For more info about this trainer,
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24hourfitness.com/personaltraining