

Alex F.

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist



Certified Personal Trainer
Team Member Since: 2013

Hobbies and Achievements

- Rugby
- Drums
- Boxing
- Hiking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 904