

# Eric F.

## Education & Certifications

- BA in Culinary from Algonquin College of Applied Arts and Technology
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Hobbies and Achievements

- Cycling
- Cooking
- Acting
- Working with people with autism



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 904

