

Jordan W.



Master Trainer
Assistant Fitness Manager
Team Member Since: 2011
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Drumming
- Blade Sparring
- Rock climbing
- Parkour
- Martial arts



For more info about this trainer,
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24hourfitness.com/personaltraining