

Van K.



Team Member Since: 2000

Education & Certifications

- BS in Kinesiology from Florida State University
- International Sports Sciences Assoc. - FT Certification
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- motorcycles
- skate boarding
- rugby



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