

Anita R.



Team Member Since: 2007
Sessions Serviced: 5,000 +

Education & Certifications

- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist

Hobbies and Achievements

- NPC Amateur Bikini Champion 2011



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