

Chris C.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Tai Chi Instructor for Seniors
- Zumba Instructor for Seniors
- Dancer (Ballet, Jazz, Modern, Tap)
- Choreographer



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining