

Joseph S.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Applied Exercise Science from Azusa Pacific University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Working out is my life and my death
- Triple certified by the age of 21



For more info about this trainer,
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