

# Michael T.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BA in Game Arts and Media Design from Mt. Sierra College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Bodybuilder
- Soccer Fanatic - Liverpool supporter
- Former soccer player. Played in Holland.
- Gamer - Mainly PC Online MMO/ RTS. Favorite show is Top Gear.
- Love activities, snowboarding, the beach, cars, racing, golf.



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 906