

Amanda M.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Associates of Science in Nutrition from Chaffey College
- Studying to become a Dietician
- Cooking and eating healthy
- Hiking and running
- Lifting weights and being fit



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 907