

# Mark E.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Completed the L.A. Marathon- 1997
- AYSO Youth Soccer Coach- 2004-present
- Lost over 100 pounds in 2010
- I enjoy making music with my free time



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scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)