

Mark E.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Completed the L.A. Marathon- 1997
- AYSO Youth Soccer Coach- 2004-present
- Lost over 100 pounds in 2010
- I enjoy making music with my free time



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