

# Linda M.



**Certified Personal Trainer  
Group X Instructor  
Team Member Since: 1995**

## Education & Certifications

- AED (Automated External Defibrillator)
- American Fitness Professionals and Associates Certification
- CPR Certification

## Hobbies and Achievements

- Bicycling at the beach
- Walking
- Water sports



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)