## Matt G.



Master Trainer
Team Member Since: 2008
Sessions Serviced: 2,000 +

## **Education & Certifications**

- 24 Hour Fitness Certified Personal Trainer
- American Council on Exercise Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. Personal Fitness Trainer

## **Hobbies and Achievements**

- Yoga
- Tai Chi
- Kickboxing



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

