

Rich R.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Movement & Sports Science from University of La Verne
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Traveling
- Being outdoors
- Exercising
- Spending time with friends and family



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 910

