

# Susan B.



**Certified Personal Trainer**  
**Team Member Since: 2004**  
**Sessions Serviced:5,000 +**

## Education & Certifications

- BA in Communications from American University of Washington D.C.
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Kick boxing
- Cardio-boxing
- Running



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 912

