

Susan B.



Certified Personal Trainer
Team Member Since: 2004
Sessions Serviced: 5,000 +

Education & Certifications

- BA in Communications from American University of Washington D.C.
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Kick boxing
- Cardio-boxing
- Running



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 912

